

SKILLS for LEARNING SKILLS for STUDY



MAKE Your BRAIN WORK for YOU



Successful
Learners



Confident
Individuals



Responsible
Citizens



Effective
Contributors

STUDY SKILLS

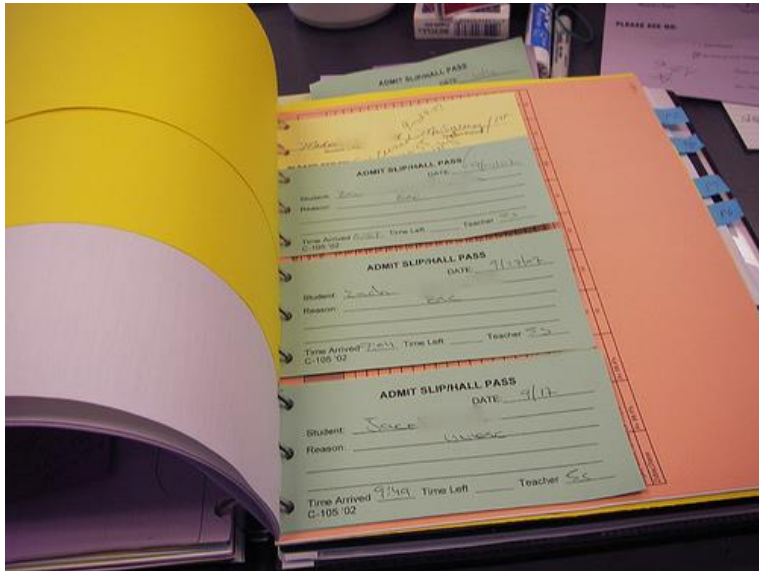
Pay attention in class



Take good notes



Keep an organised Notebook



Ask questions in class



Plan a definite study time
and place for each day



Don't cram for hours the
night before a test or exam



INDEPENDENT LEARNERS

The following are characteristics of a successful student.

Develop these in yourself

- Ask questions
- Discuss topics with your peers



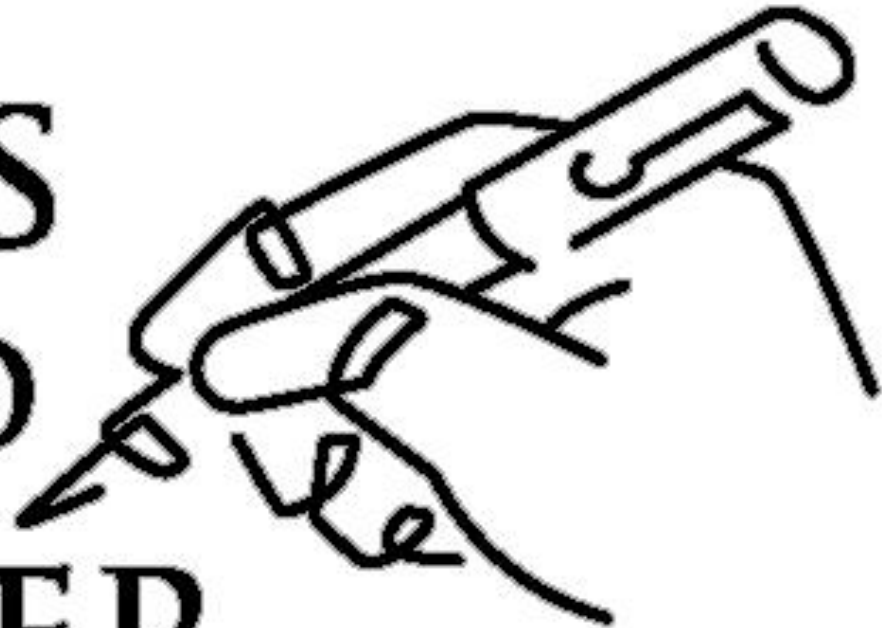
- If you don't understand something, speak up



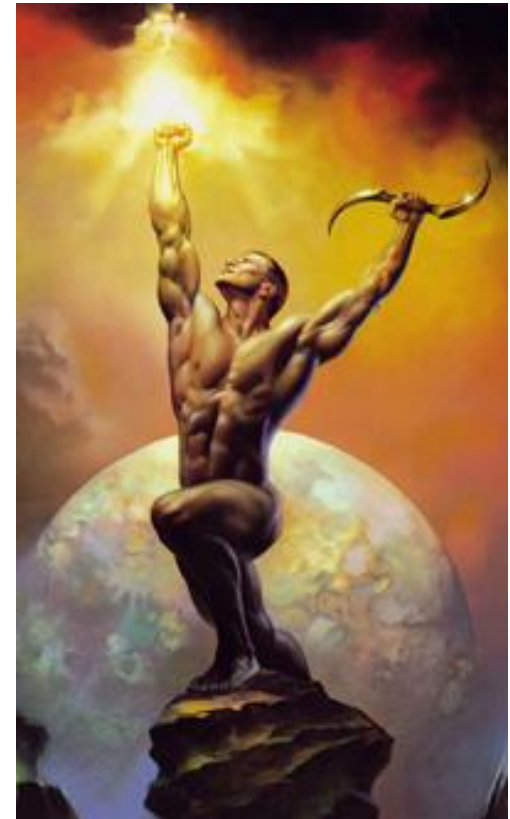
You are responsible for your own learning

‘Ideas are funny things, they don’t work unless you do’

IDEAS
TO
PAPER



‘Learning is not filling the bucket, but the lighting of the fire’



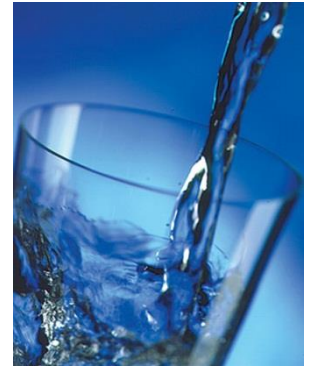
STUDY SESSIONS

- How do you study?
- What are you supposed to do?

Study has 3 parts

- Organising subject matter efficiently
- Getting ongoing day to day work and assignments done
- Researching and revising work for exams





- Don't make study sessions too long
- Drink some water before you start
- Break tasks down into smaller manageable ones
- Do daily summaries of work covered in class in your own words under **Main Points**
- Set a task to achieve for each session



- Record your plan of attack for each session
 - Practise skills learned by doing problems, exercises and essays
 - Aim to build a clear understanding by connecting areas of knowledge
 - These sessions are the backbone of your Study Programme
- ‘ Some succeed because they are destined to:
most succeed because they are determined to.’



PRIORITISING

- When do you study?
- How often?
- What about the other things you do?

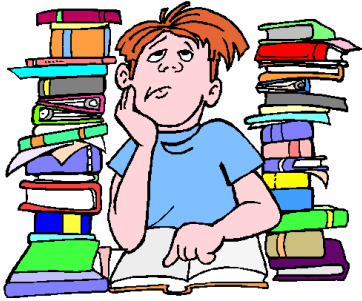
Write down :

- The fixed things that you have to do
- Time you have no control over - the 'musts'
- Activities where you have a choice of the 'options'

PRIORITISE your OPTIONS

- What are your favourites?
- You can't do everything
- To achieve your goals, sacrifices have to be made
- Avoid time wasters - make a list of the main ones
- Reward yourself for working well and achieving short term goals
- To perform at your best requires fulfilling and stimulating leisure/relaxation time
- You are responsible for the organisation of **your** time and lifestyle

‘The first step is the most difficult part of the journey’



PRIORITISING STUDY

Setting yourself a specific task to achieve each night is a necessary skill

Too often you tend to ‘let it happen’ and don’t plan ahead

Procrastination is an obstacle to your goals

Each morning or each night before, make a list of study tasks in order of priority for the following night



You can also use travel time to and from school for

- Planning
- Listening to recorded summaries or points on an MP3 player

Then when you arrive home, it is much easier to get down to study

- You are psyched up
- Your purpose and task are set
- You can apply yourself immediately



- Try to work to a Revision Timetable
- Start planning well before exams begin
- Make your Books, Notes and Essays user friendly with Summary Notes, Headings, Sub-Headings and Revision Cards
- Use Key Words and / or Spider Charts
- Get tips on other revision techniques from others

My Revision Timetable						
Week	1	2	3	4	5	6
Mon						
Tue						
Wed						
Thu						
Fri						
Sat						
Sun						

Create your own plan of your week

This will allow you to include times for study

Your teacher will provide you with further instructions and a template