

VIEWFORTH HIGH SCHOOL

NEWSLETTER

Summer 2023



Head Teacher's Welcome

Welcome to our Summer Newsletter. I'm delighted to share a selection of the work and the many experiences and extra-curricular activities offered to our pupils this term. You'll also see several pupil successes and achievements and I'm sure you'll agree that the following pages demonstrate the hard work and commitment of our dedicated team of school staff and I'd like to take this opportunity to thank them.

As ever, I'm incredibly proud of our school community and all that we have achieved by working together and supporting each other.

Parents/Carers

Viewforth High School is dependent upon the support of parents and carers working with us to promote and maintain high standards of behaviour, attendance and punctuality and school uniform; all of which help us to create a positive environment for learning and achievement. Viewforth is a school to be proud of and we want our public image to reflect the values staff and parents promote. Your ongoing support is very much needed and appreciated, thank you.

Many of our pupils achieve in ways that are not connected to the school. If your child achieves something that we as a school can recognise and celebrate, please let us know.



Kirsty Trotter

HEAD TEACHER'S WELCOME **CONTINUED**

STAFFING

This session we welcomed the following staff:

At the end of this term, we will bid a fond farewell to:

David Dow Business Education June Greig Depute Head Teacher.

Leanne Campbell **Transition Teacher** June is retiring after 29 years in Viewforth

English Teacher Jill MacKay High School

Mark Musil **Biology Teacher** Alistair is taking up a temporary post Alistair Stewart

Sophie Meek **History Teacher** as a Quality Improvement Officer with the South

Wendy Wallace Attendance Co-ordinator East Improvement Collaborative and East

Lothian Council

Morgan Stokes Admin team Annez Giove **Business Education**

Katie MacMillan PE Department Louise MacMorris PTC English, Drama and Modern Languages

Pupil Support Assistant Georgia Riggans Kirstin Gourlay Biology (Probationer)

PTC Science and Technology **Scott Jamieson** Modern Languages (Probationer) Rebecca Feeney

Lisa Robertson **Pupil Support Assistant** Maggie Grant Music

Marianne Henry-Ramsay Pupil Support Assistant Katy Devine Home Economics (Maternity Leave) Brian McKenna -Skills Development Gemma Cargill Skills Development Scotland Advisor

> Scotland Advisor (Maternity leave)

At the beginning of next term we look forward to welcoming:

Admin team

Sarah McNamee Depute Head Teacher Stevie Kowbel Depute Head Teacher

Debbie Gibson Principal Teacher Curriculum for English, Drama and Modern Languages

Home Economics (Probationer) Ceivagh Harvey

Eilidh McLaughlin Drama (Probationer) **Leanne Crowe** Chemistry (Probationer) Sherilyn Taylor Biology (Probationer)

Leila Smith French and Spanish (Probationer)

Carina Campbell-Welsh Music

Admin team (returning from maternity leave) Rebecca Wright

Cheryl Hamilton Attendance Co-ordinator

Sally Goudie Skills Development Scotland Advisor Pippa Morrison Returning from Maternity Leave

Jennifer Orr **Pupil Support Assistant Pupil Support Assistant** Rachel Barker

Yvonne Arnold Department of Additional Support Teacher

I would like to wish all pupils, parents, carers, staff and partners a happy, safe and relaxing holiday.

Take care and I look forward to seeing you in the new term.

Mrs Lisa Moore Head Teacher





KEY DATES



School Office opening times:

The school office will be open most of the Summer holidays, the only time the office will be closed is from Friday 7th July 2023 to Wednesday 19 July 2023 inclusive.

School term dates 2023/24 (All dates are inclusive)

Autumn Wed 16th August 2023 - Friday 6th October 2023
Winter Monday 23rd October 2023 - Wed 20th December 2023
Spring Thursday 4th January 2024 - Thursday 28th March 2024
Summer Monday 15th April 2024 - Friday 28th June 2024

School Holidays (all dates are inclusive)

Autumn Monday 9th October 2023 - Friday 20th October 2023
Christmas Thursday 21st December 2023 - Wednesday 3rd January 2024
Additional Thursday 15th February - Friday 16th February 2024
Spring Friday 29th March 2024 - Friday 12th April 2024

Additional Holiday Monday 6th May2024 Additional Holiday Monday 3rd June 2024

Inservice Days Monday 14th August 2023

Tuesday 15th August 2023 Friday 10th November 2023 Wednesday 14th February 2024

Thursday 9th May 2024

Parents Evening Dates:

Senior Phase Parents Evening 1 - Wednesday 25th October 2023
Senior Phase Parents Evening 2 - Tuesday 31st October 2023
Primary 7 Open Evening - Thursday 16th November 2023
S1 Parents Evening - Thursday 7th December 2023
S2 Parents Evening - Wednesday 24th January 2024
Senior Phase Parents Evening - Thursday 22nd February 2024









The Parent Council would like to thank everyone who voted in the recent Asda Green Token Scheme. It was a close finish. We are delighted to announce that we were awarded 1st place and as such can support the school foodbank with a £500 donation from the Asda Foundation.

Can you spare 2 minutes – Yes it really is that quick to complete the Parent Council questionnaire. Your views are extremely valuable in steering the future and success of the Parent Council. The questionnaire can be found in the recent GroupCall SMS or at https://forms.office.com/r/ECTcnuq7wr or by scanning the following QR code:



Anti-Bullying Info for Parents Catchment Areas Cost of the School Day Devolved School Management Scheme Education Maintenance Allowance Online Payments Parent Council Parents Evenings

Find out more...

As always, you can find out more about the Parent Council on our webpage by visiting the 'Parents' tab on the school website then selecting 'Parent Council'

https://viewforthhighschool.co.uk/parents/parent-council/
If you would like to join the Parent Council or have any comments or
questions, then please e-mail viewforthparentcouncil@gmail.com
With Thanks...

The Parent Council would like to thank and say goodbye David Hay and Charlotte Overstone, as their children move on to the next step in their journey. We also welcome our newest member to the team - Lara Smith.

The Parent Council would like to wish everyone at Viewforth a lovely summer break.



ART & DESIGN

A spotlight on ... Photography.

Here is a snippet of some of the work that has been going on in our photography courses at all levels this year. We are very excited to be offering a new S3 photography course next session to add to our already established pathways through NPA and Higher to Advanced Higher. The course will involve workshop style tasks focusing on a range of skills and genres including - portraiture, still life, documentary, fine art, studio lighting, manipulating photographs and digital editing. Each project will give our learners room to make choices and experiment while allowing our young people to explore both their creative and technical sides. We can't wait to get started.







Royal Scottish Academy of Art & Architecture

Congratulations to S5 pupil Abbie Venters whose artwork was awarded a Highly Commended in the Senior category for the RSA Schools Arts Award, "recognising her creativity, originality and imagination". Abbie's work can be viewed on the RSA website from June 12th using the following link: royalscottishacademy.org/schools

Calling all Creatives

We would love to hear from any parents or carers that work in the Creative Industries (Architecture, Graphic Design, Designer, Photographer, Artist, Maker, Photographer etc). Would you be willing to either come in to talk to our pupils about the creative work you do, lead a workshop or help us organise a visit to your place of work to offer an insight into your practice as well as share the amazing work you do on a daily basis. Please get in touch with us by emailing ruth.gibb@fife.gov.uk or calling the school office.



ART & DESIGN

V&A Dundee Design Museum Trip

The new senior phase pupils were given an amazing opportunity to visit the first ever dedicated Design Museum in Scotland. As well as visiting the permanent exhibits, pupils were given access to two visiting exhibits: Tartan - which focuses solely on the iconic textile and pattern, with more than 300 objects illustrating tartan's universal and enduring appeal with examples of fashion, architecture, graphic and product design, photography, furniture, glass and ceramics, film, performance and art. The other being The Fashion Show – everything but the clothes which was an access-all-areas insight into the world of the fashion show in the pre-digital age. Drawing mainly on the personal archive of respected fashion writer and editor, Iain R Webb. The following photographs of the day were taken by students and staff highlighting standout items from the trip.

















ART & DESIGN

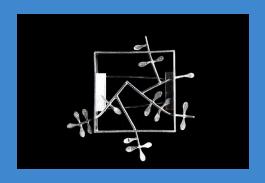
Creative Pathways

Congratulations to our Advanced Higher Art and Design students Kirstie, Rebecca, Natasha, Maisie, Honey and Courtney who have all successfully gained offers in creative courses at DJCAD, Fife College, Robert Gordon University and Queen Margaret University.



VHS Alumni

Congratulations to former pupil Tanya Zaugarova who currently has her beautiful Value of Nature jewellery designs on display as part of the DJCAD degree show. If you are considering a creative career, then visiting the art college degree shows are a great way to understand the opportunities available.





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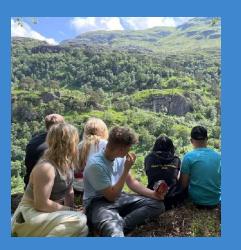




CLUED UP



Clued Up Residential Trip



As part of the support we offer young people, we often engage with external agencies and partners to meet their needs. Some of our young people work with the Making it Work for Families team. As part of this, some pupils were offered the chance to attend a residential at Loch Eil, Fort William with Clued-Up. The young people stayed for a week in Fort William and had the opportunity to take part in a variety of activities such as abseiling, gorge walking, canoeing and wild camping. During their time there, the young people worked on their social skills, resilience and challenging themselves to take safe risks in a supportive environment. A fabulous time was had by all and they were a credit both to Clued Up and to the school.







DYW - DEVELOPING THE YOUNG WORKFORCE



We have been busy building relationships with local employers to increase the opportunities for our young people. Industry inspiration events and work experiences help to give our students' insight into possible future careers. Here are some of this term's highlights:

- Travel and Tourism Takeover at Fife College for S4 and S5's
- Lab-based experiments run by Exxon Mobile on vacuums and CO2 for S2 and S3 classes
- S6 had the opportunity to visit Herriot Watt Uni to get insight into what life is like at university
- Glam Candy course started this month teaching S4 students about the skills required in makeup artistry
- The army visited on our senior induction day enabling the students to work on their team building and communication skills with a variety of outdoor problem-solving activities
- 35 S2's took part in an exciting STEM robot building event run by the Robotarium at Herriot Watt University



One-Month Careers Focus during Study Leave

One month's study leave can leave some students with extra time on their hands. To make good use of this time, the DYW team organised a program of careers inspiration events. The events were selected specifically to suit the career goals of our young people and covered a wide array of industries and experiences. Some sessions were held in school and others were at college or at an on-site visit to an employer.

During the 4-week program 62 young people participated in a career awareness event. Highlights included an employability workshop and site visit to Sky Broadcasting, mechanical work experience with local employer Henry Sheach, hands-on taster apprenticeship sessions with Fife Council Building Services, Financial Education Workshop from Youth Enterprise Scotland and Leadership skills via SFA sports coaching. The program incorporated the Let's Go Fife employability course. In this intensive employer led program students honed their interview skills, learnt to dress to impress, learnt how to cook on a budget, worked on problems solving and communication skills with the Army and built confidence through sport with the Street League.

The program of events received positive feedback from the young people, particularly those sessions which offered opportunities for hands on experience of future careers. This program of events is something that the DYW team (Jo Stewart and Carrie Beesley) would really like to build on and expand in future years.



DYW - DEVELOPING THE YOUNG WORKFORCE





Practising joinery with Fife Council Building Services



Introduction to plumbing with Fife Council Building Services



Problem solving with the army



Dressing to impress – a fun session on how best (or how not!) to dress for interview

Throughout the whole year the DYW team are working hard organising events and activities to help our young people explore the world of work and discover rewarding careers, apprenticeships and college and university courses. Scan here to see all current opportunities.





DUKE OF EDINBURGH





<u>Duke of Edinburgh Bronze</u> <u>Expedition</u>

At the end of April, 15 pupils took part in a Bronze Expedition from Viewforth High School and along the Fife Coastal Path to Shell Bay. The first day saw the pupils walk from the school to Silverburn, near Leven, where they camped that night. After a very cold night camping the pupils set off in their groups the next morning as they walked from the campsite to Shell Bay.





During the expedition, all of the pupils did amazingly and represented both the school and themselves to a high level and followed the Duke of Edinburgh 20 conditions needed to be awarded their Expedition Section. Over the two days the pupils tried new experiences for the first time and interacted with others that are not in their social groups. The staff on the expedition witnessed a growth in confidence and skill sets in each of the pupils and were really proud of how they handled themselves and worked together to motivate their team and others on.







ENGLISH



This year our S1's have enjoyed their imaginative writing. The horror stories were particularly terrifying as they drew on their media experiences with jump scares from Doctor Who's The Weeping Angels. They have taken these feelings and transformed them into their own nightmarish tales of dream killers and nail-biting monsters.

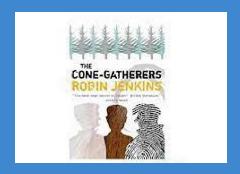




S2 this year have been using persuasive techniques to convince Miss McAlister to include their favourite people into the Viewforth Hall of Fame. This year's newly inducted include Jason Mamoa, Jenna Ortega, Olaf from Frozen and even local legends like Alexander MacKay! Congratulations to all of our fantastic nominations, the competition was fierce with such persuasive applications!

The Shakespearean unit this year was a highlight for many S3 students, and many were able to draw comparisons from 'A Midsummer Night's Dream' and its tragically hilarious love triangles to not only their own lives but the media unit modernising a classic. Students have been excellent at their comparisons which have set them up for their upcoming senior level classes.





Mrs Cargill's senior classes also contributed some impressive wall displays this year for the Higher novel, 'Cone Gatherers'. The wall now displays their keen analysis and understanding of symbolism and other techniques from the novel. Excellent insights Higher which we are sure served you well in the exam. Best of luck to all of you!

The English department would also like to take the opportunity to bid a fond farewell to our PTC Mrs MacMorris and wish her the best in her new school. Mrs MacMorris will be missed by the whole faculty and community.



GEOGRAPHY

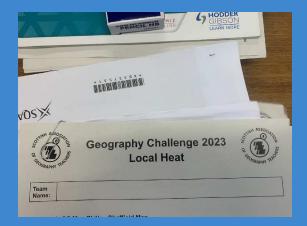


National and Higher Geography Trip to Balmaha, Loch Lomond and Trossachs National Park

On Thursday 2nd February 2023, the National and Higher Geography pupils visited Balmaha in the Loch Lomond and Trossachs National Park. The National Park is a key case study at both levels and the pupils took part in a variety of activities including camping scenarios, Loch Lomond Water Bylaws and Water Safety and a media headlines activity which looked at different land use conflicts and solutions; this saw the pupils act out different scenarios covering farming, forestry and recreation. Due to work taking place in the nearby forest and Hill, the pupils were not able to walk up Conic Hill. However, the pupils were still able to walk along part of the West Highland Way as they headed up Craigie Fort to look at the glaciated landscape and see how the Highland Boundary fault runs through Balmaha and across Loch Lomond. Special thanks to Rangers Michelle and Rob for leading informative sessions.







SAGT Challenge Quiz

Six pupils from S1, S2 and S3 headed to Perth Academy on Wednesday 3rd May to represent Viewforth at the SAGT Challenge Quiz in the Tayside and Fife Regional Heat/Final. The pupils were up against tough opposition as they faced teams from Dollar Academy, Strathallan, Queen Victoria School and Perth Academy. Although we didn't progress to the National Final, the pupils more than held their own and can be proud of their efforts. Congratulations to Dollar Team A who won the quiz to progress to the National Final.



GEOGRAPHY



S2 Dynamic Earth Trip

On Monday 15th May 51 S2 pupils went on a Geography trip to Dynamic Earth in Edinburgh. After the bus arrived in the capital the first activity the pupils did was to explore the exhibition galleries as they; travelled back to the beginning of time to learn about the big bang theory, experienced what it is like to travel in a spaceship, felt the ground shudder as molten lava flowed straight towards them and touched an iceberg which everyone had great fun doing. The pupils also got to experience a 3D film as they flew around the different climatic zones in the world and visited the Amazon rainforest gallery to learn about the animals found there. After completing the tour our next stop was the Planetarium to watch a 30-minute film about climate change. After lunch the pupils were split into two groups as they took part in a classroom workshop called Explosive Earth. During this workshop the pupils discovered more about the inside of our planet, handled real volcanic rocks and found out how plate tectonics are still changing our planet's surface today. A great day in the capital finished with a visit to the souvenir shop before everyone got back on the bus to head home.









HISTORY





A key aspect of learning history should be the opportunity to visit important sites which will enable pupils to empathise and enhance understanding of key historical, political and cultural issues. In order to provide this experience, the Social Subjects department is organising a trip to Northern France and Belgium to visit the World War I Battlefields.

The trip would provisionally look to take place in June 2024 over 6 days and 5 nights for pupils in S1-S5. We will be travelling by coach and use the ferry to cross over to France and Belgium.

The trip itinerary over the 6 days will include visits to various sites such as:

Battlefields and memorials such as the Somme, Ypres and Passchendaele.

This is a very exciting opportunity for pupils to enhance their understanding of the First World War and bring their classroom learning to life. The total cost will be no more than £585 which can be paid in instalments. This price includes all transport, activities, accommodation and meals for the duration of the

trip.

Please note at this stage we are only trying to gauge the potential level of interest, if you your child is interested in taking part, they should see Miss Meek in B1.14 or any Social Subjects teacher for a note of interest letter and return it by Friday 30th June.











HOME ECONOMICS



Our Department of Additional Support pupils have had a busy time in Home Economics as our S3&4 pupils successfully completed their National 3 Practical Cookery Qualification and our S2 pupils achieved their National 2 Food, Health & Wellbeing Qualification.

As part of the National 2 assessment, pupils held a successful afternoon tea for the coronation of King Charles III. This involved pupils planning the event, making invitations, making the food and setting up and running the afternoon tea. Pupils made cupcakes, coronation chicken sandwiches, sausage rolls, scones and a wonderful Union Jack cake centrepiece. To accompany the scones, pupils made rhubarb and strawberry jam using rhubarb from our garden that we grew. Pupils enjoyed this and staff all remarked on how well pupils had done in all aspects of the afternoon tea. Well Done!

Pupils has a flippin good time making Pancakes. They enjoyed making the batter and cooking these pancakes. There was a bit of a competition on the flipping of the pancakes, but all pupils did a great job and of course, pupils favourite part was eating them! They were such a success that pupils asked to make them again later in the year.





















HOME ECONOMICS



S3 Creative Bakery Course

The Creative Bakery classes completed a Themed Summer Afternoon Tea at the end of last term. Working in pairs/small groups, pupils were tasked to design savoury and sweet items with appropriate flavours to link in with their chosen themes, thinking about packaging and presentation of their food also. Scones, cupcakes, savoury muffins, wraps, sandwiches, baked churros and pastry items were all made using a wide range of ingredients and flavour combinations.







Barista Skills

A group of our S4 pupils have worked hard to complete Barista Skills level 5, Customer Service level 5 and Creative Industries level 5 over a short 14-week period since Christmas. They ended their courses by celebrating with an afternoon tea they planned, made and served to invited friends, family and staff. Congratulations senior barista and well done for all your hard work.





LIBRARY



We have enjoyed visits from all of our S1 and S2 English classes getting books out of the library to read in class. Mrs Barker has been doing paired reading with pupils to encourage literacy.

We have also put together project boxes for our Department of Additional Support classes on the Romans, Rainforest, Scottish history.

We have also had library visits from Dysart, Pathhead and Sinclairtown primaries this term. It was great to meet the pupils who will be moving up to Viewforth in the next few years.

The library has set up a Health and Wellbeing hub where pupils and staff can come and sit in the library and read some new health and wellbeing books or take them out to read at home. We also have some new LGBTQ+ books and Racial Diversity books for pupils to take out or read in the library.

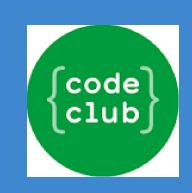
Mrs Barker (Librarian) held a health and wellbeing reading session which was held with some pupils in the library. Mrs Barker read from the book A Monster Calls by Patrick Ness and the grup discussed about the book and pupils gave their views about the book.



There is also a Code Club for S1/2 Pupils on Tuesday lunchtime:

Do you like coding and creating games? Then Code Club is for you it provides fun, block-based discovery activities for learners. We will start off using Scratch to make our own games and animation.

If you would like to come along, please see Mrs Barker in the library and put you name down for the club. It is on every Tuesday at 1.05pm - 1.40pm



Mrs Barker has also been working with the pupils from Department of Additional Support class working on Code club which pupils are learning to put together animations and games using Scratch.

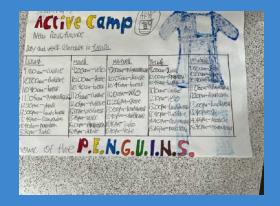


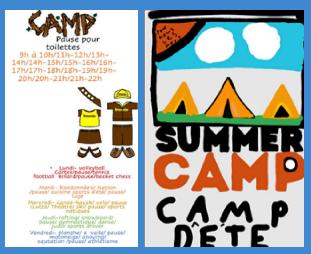
MODERN LANGUAGES



S1

Pupils in S1 have learned about family, school life and hobbies and sports in French. They learned about summer camps across Europe where thousands of children attend residentials to learn a language and participate in sport activities. They created their own French summer camps - Miss Feeney & Ms. Zia's classes had some very impressive entries:







S2

All S2 classes took part in the Apprentice challenge where they were tasked with designing their own city, describing what facilities it had in French, creating their own French restaurant complete with menu and advertising their city's very own open-top bus tour. Groups started with a budget of £5000 and had to pay from this for any resources they wanted to use such as laptops, mobile phones or even paper and coloured pens! They could also add money to their budget by displaying positive teamwork and creativity. Here are some of the close contenders:





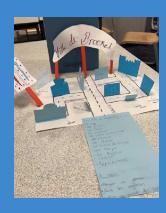




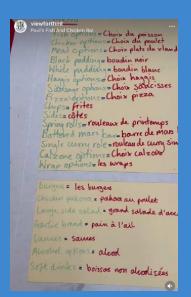


MODERN LANGUAGES

After a very competitive S2 Showcase and several days of voting from staff and pupils, the overall winners of the Apprentice challenge were Brooke, Alicia & Courtney (2M1) who showed resilience, consistent effort and effective teamwork. They each won gift cards and were excited to be the winning team from all the S2s.









S3

Languages play an important role in our lives - you don't have to travel out of the city for languages to be relevant, they can be used to promote local tourism. S3s worked on a project to promote an aspect of Kirkcaldy in French or Spanish. They picked a local business or organisation to research and prepare promotional material for in the target language. Here are two of Ms. Zia's groups entries for the Fife Coast & Countryside Trust and Paul's Fish & Chicken Bar. One group created a wild camping poster and the other created promotional material such as menus, posters, crosswords for Paul's

We also had Jayden from University of Edinburgh who is doing an exchange program with Erasmus in Spain and France attend VHS. He delivered an information session to S3s about his experience. Pupils enjoyed learning about the opportunity Jayden has had and benefited from asking questions about his experience living abroad.







MODERN STUDIES



CSI Fife

In May the S3 Criminology classes took part in a forensic investigation activity at Fife College. They were presented with a crime scene to secure, analyse and extract evidence from for forensic analysis, under the guidance of a former Police Scotland lead-detective. The pupils then got down to work in the college's forensic lab: carrying out blood testing, toxicology analysis and DNA finger-printing to solve the case. There were clearly some budding criminal investigators amongst the group, and the pupils made full use of this excellent opportunity to learn about the forensic side of criminology.













MUSIC





Music Showcase

On 22 March we held our first live Music concert since 2019 and it was fantastic to have so many young people perform to such a large audience. This was an opportunity for senior pupils to perform pieces of music that they had been preparing for their SQA performing exam, as well as giving others who participated at the Fife Festival of Music to perform again, but to a bigger audience. There were even some group performances and the debut performance of the Percussion Ensemble. Performing to anyone can be a nerve-wracking experience but everyone was very professional and played to their best abilities. The Art & Design department provided an exhibition in the street area allowing people to look at the fantastic work that pupils in all year groups have created throughout the year. We look forward to inviting you to more concerts next session.



Fife Festival of Music

The Fife Festival of Music returned in January/February and a number of young people represented Viewforth High School with some excellent musical performances. For many this was their first time performing at an event like this and they all excelled. There were a mixture of non-competitive and competitive classes, which were graded as Outstanding,

Very Good, Good or Limited Success. Well done to all involved!



Albena Nenova (S4) - Piano Solo Intermediate - Outstanding Grace Wilson (S4) - Woodwind Solo Open - Very Good Sophie Fenelon (S5) - Solo Singing Musicals - Very Good Sophie Fenelon (S5) - Piano Solo Advanced - Good Rowan Docherty (S4) - Solo Singing (non-competitive) Sasha Grubb (S4) - Solo Singing (non-competitive) Rowan Wallace (S5) - Solo Singing (non-competitive) Shaun Graham (S2) - Piano (non-competitive) Lukas Smith (S2) - Piano (non-competitive) Olivia Trebbi (S4) - Brass (non-competitive) Heili Kitsing (S2) - Brass (non-competitive)



Charlie and the Chocolate Factory

On 30 March, the music department organised a trip to see Charlie and the Chocolate Factory in the Edinburgh Playhouse. A group of pupils got to see the touring production of the much loved Roald Dahl story. The pupils had a great afternoon and were amazed with the sets, costumes and singing.





MUSIC



Video Games in Concert

On 3 May, a group of pupils attended the Usher Hall in Edinburgh for a classical concert to see The Royal Scottish National Orchestra (RSNO) perform 'Video Games in Concert'. This was a fascinating concert allowing the pupils to hear pieces of music from their favourite video games being performed by a professional orchestra. At the helm was Eimear Noone conducting the RSNO and giving some insight into what it is like being a composer for video games as her main job. Seeing the orchestra in action highlighted the amazing skills required to play at such a high level and it was truly aspirational.





Art & Design and Music Social Media

We launched our social media pages in August to promote and celebrate the fantastic work that takes place in our faculty. With over 200 posts we are showcasing the talented work of pupils across the faculty, as well as a weekly throwback to certificate class work from the last few years. Use these links to follow us on Instagram and Twitter.





PERSONAL AND SOCIAL EDUCATION

S6 University Visit

As part of our PSE programme, we support pupils to make decisions about their futures. Every Viewforth pupil will be supported to leave school with a positive destination. We worked in partnership with Heriot-Watt University to take a group of S6 pupils for an open day. They attended the lecture theatre and heard about how to choose the right course and university for them, as well as what the application process involves. They also had a tour of the campus and facilities. A great day was had by all, and the pupils are motivated to make their last year at school count so that they can move on to their destination of choice.





"I found the university very good, eye catching, making me want to follow my dreams of being successful in life. I never planned on going to university as I was always anxious about it until the day I went and saw how everything looks and works. It has made me consider my choices for the future."

"I enjoyed the trip to Heriot Watt University. I found everything that they told us very helpful. I didn't know what to expect from university until we had the trip and now I am determined to go."

"I enjoyed hearing about life in university and what it will be like when I hopefully go. I also loved the campus."

"The visit opened my eyes to what is coming ahead. I was surprised by the size of the place and I am excited to go!"





PHYSICAL EDUCATION

Eight pupils from View forth performed at the Fife track and field Championships. It was a very successful event with 5 pupils gaining medals in their event. All pupils managed to perform well where they gained equal or better than their personal best.

Iona achieved Gold medal for shot put, Scott and Myleigh both got bronze in shot put, Joel achieved a silver medal and Taylor achieved bronze in high jump.

The 3 other competitors, Logan, Jonas and Caleb all achieved personal bests in their chosen events and made finals. Well done!





Strathclyde Sirens Trip.

In February we took a group of pupils to watch Strathclyde Sirens play against Loughborough Lightening in the Netball Super league. Despite the Sirens falling to a heavy defeat, everyone had a great time.

Department of Additional Support Sports day:

The Department of Additional Support had a great time participating in sports day. They competed in 5 different events – Long jump, Shot put, 30-meter sprint, Sack race and Tug of war. Scores for all the events were tallied, with Fidra house coming out on top.







PHYSICAL EDUCATION

Department of Additional Support Curling Tournament:

The Department of Additional Support hosted a curling tournament against Kirkcaldy High School. The day was a great success with Viewforth Department of Additional Support taking the win!



Fife, 6, 7, 8 Dance festival:

The following pupils took part in the Fife, 6, 7, 8 Dance festival and performed extremely well on Lochgelly stage. Lana, Zainab, Gabby, Abigail, Sandra, Angel, Kayla, Amy, Grace, and Brooke. Well done girls.



Senior Sports Leaders Activities

The senior sports leaders were working with pupils from Dysart, Kirkcaldy North and Pathhead Primary Schools last term over a 6-week period visiting each school once a week to deliver activity sessions. The leaders helped the pupils to develop their basic ball skills, co-ordination and improve their fitness. By the end of the visits the pupils were able to play a conditioned game of basketball and understand how to follow the basic rules of the game.

The primary pupils thoroughly enjoyed working with the pupils from the big school and the PE department is looking forward to doing more activities with them in the future.





PHYSICAL EDUCATION

<u>British Basketball League Trophy Final – Sunday 26th March</u>

The PE department took a group of pupils to the Emirates Arena in Glasgow to watch the British Basketball League Trophy Final on Sunday the 26th of March. The finalists were the Caledonia Gladiators from Scotland and the Cheshire Phoenix from England who were playing in front of crowd made up of 6,000 spectators.

Both teams were there to win and it was a very close, competitive contest throughout. With just seconds left on the clock the game was tied at 70-70 before David Sloan of the Caledonia Gladiators scored a three-point shot to win the game 73-70 and send the Scottish fans absolutely crazy!

This was the first trophy win for the team in 20 years and the Viewforth pupils celebrated along with the rest of the home fans who were delighted to see their team lift a cup at long last!

It was also a great moment for Gareth Murray of the Gladiators who is from Arbroath because after playing in the competition many times had now won it as head coach.

The pupils thoroughly enjoyed their day out and they could not have witnessed a more exciting game of basketball anywhere in the world!





First picture shows the Viewforth pupils who went on the trip. Second picture shows the Caledonia Gladiators lifting the BBL Trophy.

S2 Sports Leaders

150 primary 5 pupils from the four local cluster primary school visited Viewforth HS to be involved in the S2 Leadership course. They took part in a potted sports session for an hour and half lead by our S2 leaders. This involved a variety of different station to test their throwing, catching and shooting skills. The S2 leaders worked extremely hard to plan and prepare these session and did exceptionally well on the day.





SPORTS DAY



Sports Day - Tuesday 13th June 2023

The weather was fantastic for Sports Day and the pupil performances matched the excellent weather conditions with brilliant individual times recorded on the track followed by superb teamwork on the tug of war rope.

There were notable performances from Taylor (S3 Boys Champion) and Scott (S2 Boys Champion) who amassed 87 and 84 points respectively. While Kayley stormed to victory in the S2 Girls competition.

The staff sack race returned for the second year in a row but the winner was still the same with Mr Wilson demonstrating excellent technique once again to take him across the finish line in first place.

The tug of war is always popular and the dry conditions were perfect for pulling. There were some sore shoulders and arms on Wednesday morning as once again the pupils put everything into this competition.

And finally, well done to the staff tug of war team who beat the pupils for the first time in 4 years!

The overall results were:

House Competition

1st - MacGregor = 189 pts

2nd - Fidra = 184 pts

3rd - Craigendal = 141 pts

Individual Winners

S1 Girls - Grace and S1 Boys - Caleb

S2 Girls - Kayley and S2 Boys - Scott

S3 Girls - Myleigh and S3 Boys - Taylor

S4 & 5 Girls - Holly and S4 & 5 Boys - Ben





VIEWFORTH YOUNG STALENT NEWSLETTER

The Young Talent Programme was first established in 2022 in Viewforth High School and what a year it has been! Val Symon, the Pathways Coordinator, has developed the Young Fife Talent programme and has generated lots of interest and engagement from young people within Viewforth High School.

Five different S1 & S2 groups have been established for group work and a number of young people have been matched up with their own personalised mentor. The Pathways Coordinator has supported her young people to help improve their confidence and self-esteem before matching them with a mentor. We are also saying a fond farewell to some of the young people who are moving on to their next positive destination and wish them all the best for the future.

Young Fife Talent Programme
Young person engagement figures and participation in the Young Fife Talent
programme within Viewforth High School is currently as follows:

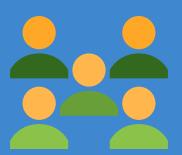
1-1 WEEKLY MENTORING AND PC SUPPORTED S3-S6 -29+20

NUMBER OF YOUNG PEOPLE IDENTIFIED FOR MENTORING 10 S1 & S2
GROUP WORK ENGAGING
23
YOUNG PEOPLE

S1 & S2 GROUP WORK

In S1 and S2 group work is designed to:

- Increase motivation, commitment and resilience
 - Build self-belief and self-esteem
- Support young people to find, grow and use their talents
 - Develop oracy skills



young talent VIEWFORTH YOUNG TALENT NEWSLETTER



S3-S6 MENTORING AND PC SUPPORTED

MCR recruits, trains and supports high quality mentors who meet their young people weekly for a minimum of a year. Building relationships, confidence and self-esteem are the prerequisite to helping the young people find, grow and use their talents. Mentors and mentees build a positive relationship based on listening, encouraging, being

non-judgmental and simply turning up consistently for no other reason than that they care. The 5 stages of the MCR Mentoring relationship are Getting to Know You, Relationship Building, Goals & Experiences, Pathways & Progress and Leaving School

Quotes from young people from Viewforth High School



I feel I can talk to Val about most things, had regular one to one's support sessions, I've enjoyed beating Val at chess, playing UNO and talking about home and school. I now have my own mentor who I see on a Friday, he seems aright.

S3





S2 group work was okay, my favourite activity was making my own memory jar and Val given me the opportunity to show the group how to make their own Pomp pomp's, I now have my own mentor, she's nice, we're still getting to know each other. I do love her dog's and find it fun to show my friends at the end of the school day. Val's is fun and amazing.

I'm really excited to be on Val's program (Young Talent) can't wait to start working with Val and have my own mentor in S3

young talent VIEWFORTH YOUNG TALENT NEWSLETTER

What our Mentors say......

Good News Story What a celebration we had at Viewforth High School our Mentee was accepted into Fife College to study "Childhood Studies".

Mentors savs

"Our meetings have been really great. My young person and I have really connected. Last week in our meeting she got the news that she had been offered a place in college. It was so amazing sharing that special moment with her. In a previous meeting we had talked through questions she might be asked at her interview and I helped her with answers she could give. This week we had a double celebration with cakes because it was my birthday and she had accepted the college place. This is such an amazing program and I hope you roll it out to all Fife schools. I have a friend whose son would have really benefited from being part of this programme but his school doesn't currently offer it".

Since my first visit to Viewforth, back in November, Val has been very helpful and supportive. She is always available to speak with me if required and we interact very well with weekly text messages and regular face to face catch ups.

Val is always really welcoming, encouraging and very supportive with any questions/concerns I've raised.

I look forward to every visit to Viewforth High School. The reception staff are very welcoming and friendly. The School has a bright and inviting atmosphere to visitors with the Library and a small office by the reception area being two of the main spaces my mentee and I have been using for our meetings so far. My mentee and I have been using for our meetings so far.

Here is a snapshot of some of the activities we have achieved in group work over the last year:



Team Work





Grass heads





Advent calender



Jenga



Festive cones



Memory Jars



SCIENCE



The S3/4 Department of Additional Support Science class took part in the MARSballon project run by Thales Alenia Space group. The class designed 3 experiments to be sent to an altitude of 30km where they will be above 99% of the Earth's atmosphere. Along the way, the chosen experiments will experience conditions very similar to Mars, with the results helping future space exploration! Pupils had a great time designing both their experiments, and the capsules.







