



Viewforth High School

## Newsletter - 12th December 2022

### Foodbank Collection



Our annual Foodbank collection is taking place next week with donations being delivered to the Kirkcaldy Foodbank on the last day of term. Our House Captains will be visiting registration classes this week to let pupils know what they can donate and how they can donate and reminding them that every item donated equals 1 point for their House. We are very grateful to families for supporting this worthwhile cause and items can be handed in to the school office or pupils can hand items to their registration teacher.

Items that can be donated to the Foodbank include non-perishable goods e.g. tinned fruit and vegetables, tinned soup, tinned meat and fish, dried pasta, packets of rice, diluting juice, long life milk etc. All items donated will be very gratefully received by families in need in the local area.



# A VIEWFORTH CHRISTMAS *Carol*

**DATES**  
7:30 PM  
13TH & 14TH  
DECEMBER 2022

**TICKET**  
ADULT - £3.00  
CHILD - £1.50

**VIEWFORTH HIGH SCHOOL**  
**WINDMILL COMMUNITY CAMPUS**  
**WINDMILL ROAD**



We are very excited that our first Drama production in 4 years takes place this week in VHS! Join us on Tuesday 13th or Wednesday 14th of December as we present "A Viewforth Christmas Carol".

Tickets are on sale NOW for our winter performance of "A Viewforth Christmas Carol". Tickets cost £3 for an Adult and £1.50 for School Pupils/Concessions, these can be purchased from the school office. The show will begin at 7:30pm, with the doors opening at 7pm. What better way to get you into the Christmas Spirit!

## THE COST OF THE SCHOOL DAY

We have a team of staff working to poverty proof our school to ensure that money is not an issue and all of our young people can fully engage and participate in the life of the school. We understand that if young people can't take part in opportunities because of cost, they will miss out and feel excluded, and it is harder for them to learn, achieve and be happy at school.

As we approach Christmas and we hear more and more in the press about the cost of living crisis, I hope you will find the information below a helpful reminder of how Viewforth helps and supports families.

**Breakfast club** - breakfast is provided free of charge to all pupils between 8.20am and 8.40am in our cafe.

**Uniform** - our Guidance Team have a wide range of new school uniform available free of charge to pupils. Pupils or parents/carers can speak directly to their Guidance Teacher who will be happy to help.

**Toiletries** - there are a range of free of charge toiletries available to all pupils in the guidance base, including shower gels, deodorants etc.

**Period Poverty** - Viewforth supports the Scottish Government's Period Poverty Programme and free sanitary products are available across the school. Pupils are welcome and encouraged to take as much as they need for themselves and family members.

**Stationery** - all staff are happy to issue pens, pencils and any other stationery as required free of charge.

**Subject specific resources** - all departments are happy to provide subject specific resources free of charge to support young people to fully participate in their learning. Examples of this include: Art materials, food containers for Home Economics and PE kit.

**Lockers** - all pupils can rent a locker free of charge via the school office. This allows them to store materials, outdoor jackets etc safely and securely.

**Clubs and activities** - You will see from the extra-curricular item below that we offer a wider range of clubs and activities. All of these are offered free of charge.

**Study Support** - all pupils preparing for their SQA examinations and assessments are encouraged by their subject teachers to attend study support sessions. These sessions are free of charge and pupils are provided with all resources necessary.

**School Trips** - At Viewforth HS we believe that every young person should be able to participate in additional learning experiences. With this in mind we offer support to our families who are in receipt of free school meals or living in SIMD areas 1-3 with the cost of school trips being met through our Pupil Equity Fund. All trips directly related to learning within the curriculum are free of charge to all pupils.

# OurFife **Support with the cost of living**

successful · confident · fairer

Is the cost of living crisis affecting you and your family? There may be help that you are entitled to, including help for those who aren't entitled to any other benefits. Click on this link to find out more <https://our.fife.scot/gethelp>

A reminder that Viewforth HS is part of Windmill Community Campus and the team at the Community Council reception desk will be happy to talk you through the process or support you with your application.

## Study Support



To support our learners in the Senior Phase to prepare for their prelim examinations in January and their SQA exams later in the session, there are a range of supported study sessions on offer in school. Please encourage your child to attend the sessions related to their courses. If you have any questions regarding study support, please contact Ms Greig, DHT, via the school office.

Study Support Timetable from November 2022



SUBJECT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Art Photography	Lunchtime: Art H/AAH I Barr 3.10pm: Art N4/5H S Gordon	Lunchtime: Art H/AAH I Barr Lunchtime: Art N4/5H S Gordon 3.10pm: Art N4/5 3.10pm: Photography H S Odo	3.10pm: Art H/AAH I Barr	Lunchtime: Art H/AAH I Barr Lunchtime: Art N4/5H S Gordon	
Mathematics	Lunchtime or 3.10pm: NS Apps L McLeod - rota	3.10pm: NS Maths P McDonald - rota	Lunchtime: NS Apps L McLeod - rota	Lunchtime or 3.10pm: NS Apps - L McLeod - rota 3.10pm: NS Maths P McDonald - rota	
<p>Ms McLeod is operating a rota - days and times are published in her classroom (B2.07)            Dr McDonald is operating a rota across Tuesday and Thursday - please check with him at the start of each week.            Higher Maths: H Low - published rota available in Maths classroom. After-school - please check.</p>					
Administration	3.10pm: Higher A Sorbie 3.10pm: NS: K Turpie		3.10pm: NS: A Glove 3.10pm: NS: K Turpie	3.10pm: NS A Glove	
Business Management	3.10pm: NS/AAH: K Turpie		3.10pm: Higher A Glove 3.10pm: N4/5 A Sorbie 3.10pm: NS/AAH: K Turpie	3.10pm: Higher A Glove	
History	3.10pm: N4/5H D Scott		3.10pm: N4/5H G Brown		
Geography		3.10pm: N4/5 M Korabiovska	Lunchtime: N4/5 M Korabiovska	3.10pm: N4/5H D Scott	
French			Lunchtime: N4/5 H Zia		
Practical Cookery/Health and Food Technology		3.10pm: NS Practical Cookery L Harris 3.10pm: NS/AAH Health and Food Tech H Barr		3.10pm: NS Practical Cookery L Harris	

SUBJECT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Modern Studies	Lunchtime: All levels L Jack		Lunchtime: N4/5 M Kozlowski 3.10pm: H S Davies	Lunchtime: N5 S Davies* 3.10pm: All levels L Jack	Lunchtime: N5 S Davies*
By appointment: Monday and Tuesday lunch and after school with Miss Jack, Thursday and Friday lunchtime with Dr Davies*					
Music Technology			3.10pm: N5H Music Tech - C Christie		
Music	N5, H, AH Instrument practice by arrangement - Lunchtime and after school – B Beaton				
Drama	Higher Pupils: rehearsals by arrangement at lunchtime or after school				
English	Lunchtime and 3.10pm: N5H - S Cargill 3.10pm: N5 - S McAister	Lunchtime and 3.10pm: N5H - S Cargill	Lunchtime: N5/Higher/AH A Fuller Lunchtime: N5/H S Cargill		3.15pm N5/Higher/AH A Fuller
Literacy/Communication			Lunchtime: L 5/8 M Readman	Lunchtime: L 5/8 M Readman	Lunchtime: L 5/8 M Readman
Chemistry			3.10pm: N5 M Armstrong 3.10pm: N5H/AH A Doyle		
Biology	3.10pm: Higher R Black 3.10pm: N4/5 K Scourby	3.10pm: N4/5 K Scourby		3.10pm: N5 R Black	
Physics	3.10pm: N5/Higher R Learmonth			3.10pm: N5/Higher R Learmonth	
Physical Education		3.10pm: Higher C Wilson		3.10pm: N5 N Taylor, F Kerr	
Design and Manufacture Graphic Communication			3.10pm: Both subjects H Graphics NS DAM D Watson		

## e-sgoil Study Support



e-sgoil launched in 2016 and provides fantastic support to learners via their programme of study support and live webinars. Pupils can access the e-sgoil resources via their Glow login.

Study Support 2022/23			National e-Learning Offer			
TIME	SUBJECT	LEVEL	TIME	SUBJECT	LEVEL	
MONDAY	5pm	English	Advanced Higher	5pm	German	Higher
	5pm	Physics	National 5	5pm	Graphic Communication	Higher
	5pm	Maths	Higher	5pm	Geography	Higher
	5pm	Maths	National 5	5pm	Applications of Maths	National 5
	5pm	Maths	National 5	5pm	Graphic Communication	National 5
	5pm	Physics	Higher	5pm	Geology	Higher
	5pm	Physics	Advanced Higher	5pm	Design & Manufacture	National 5
	5pm	Human Biology	Higher	5pm	Geology	National 5
	5pm	Business Management	National 5	5pm	Design & Manufacture	Higher
	5pm	Application of Maths	Higher			
TUESDAY	5pm	Business Management	Advanced Higher			
	5pm	PE	Higher			
	5pm	Biology	Higher			
	5pm	Computing Science	Higher			
	5pm	Biology	Advanced Higher			
	5pm	Computing Science	National 5			
	5pm	Biology	National 5			
WEDNESDAY	5pm	Maths	National 4			
	5pm	Human Studies	Higher			
	5pm	Geography	National 5			
	5pm	Maths	National 5			
	5pm	Maths	Higher			
	5pm	English	National 4			
	5pm	Chemistry	National 5			
	5pm	Graphic (learners)	National 5			
	5pm	Graphic (learners)	National 5			
	5pm	Maths	Advanced Higher			
THURSDAY	5pm	Art & Design	National 5/ Higher			
	5pm	Business Management	Higher			
	5pm	Music	Higher			
	5pm	Chemistry	Advanced Higher			
	5pm	Graphic (learners)	Higher			
	5pm	English	National 5			
	5pm	History	Higher			
	5pm	French	Higher			
FRIDAY	5pm	PE	National 5			
	5pm	English	Higher			
	5pm	Engineering Science	National 5			
	5pm	Chemistry	Higher			
	5pm	Graphic Communication	Higher			

## School Nursing Health Hub



### School Nursing Health Hub/Chat Health Content

The School Nursing Health Hub have launched a new text service which allows young people (aged 12-19) who are enrolled in a Fife school to message a school nurse for advice, information and support on a range of health issues.

A pupil can message the number (07312263023) at any time, but nurses will only be available to respond between 9 & 4:30am Mon – Fri (excluding public holidays). An automatic response is set up to inform pupils of expected response times and opening hours.

More information on the service can be found via this link [School Nursing Health Hub service for young people to contact the school nurse | NHS Fife](#)

### Attendance at school



A reminder that if your child is unwell or has an appointment and is unable to attend school, please telephone the school office on **01592 583408** and select **option 1** for the attendance line. If the line

is engaged, there is the facility to leave a message. Alternatively, you can send a text message to **07860 030879**, stating your child's name and the reason for the absence. If your child does not arrive to class, you will receive a Groupcall message informing you of their absence.

If you require support with your child's attendance, please contact your child's guidance teacher who will be happy to provide support and advice.

## Extra-Curricular Activities



As we move towards winter, we want to encourage young people to get involved in the wide range of clubs and activities we have on offer in Viewforth High School. Almost all of our clubs and activities take place over lunchtime and are free to attend. Please talk to your child and encourage them to get involved as it's a great way to make new friends, develop skills and build confidence.



# Extra Curricular Sport Activities 2022-23



## Badminton

**Games Hall** • 1.10pm-1.40pm  
**S1-3 Tuesday** Sports Leaders  
**Games Hall** • 3.15pm-4.15pm  
**S1-6 Thursday** Active Schools

## Fitness

**Fitness Suite** • 1.10pm-1.40pm  
**S1-3 Thursday** Mr Brown  
**Fitness Suite** • 3.15pm-4.15pm  
**S1-3 Tuesday** Active Schools  
**S1-6 Thursday** Active Schools

## Basketball

**Games Hall** • 3.15pm-4.15pm  
**S2-3 Tuesday** Fife Steel Basketball Club  
**Games Hall** • 1.10pm-1.40pm  
**S2-3 Wednesday** Mr Easton  
**S1 Thursday** Fife Steel Basketball Club

## Girls Fitness

**Fitness Suite** • 1.10pm-1.40pm  
**S1-3 Tuesday** Mr Brown

## Couch to 5K

**Rugby Field** • 3.15pm-4.15pm  
**S1-6 Wednesday** Lt Adams

## Football

**Astro** • 3.15pm-4.15pm  
**S3 Monday** Sports Leaders  
**S1-2 Tuesday** Mr Learmonth  
**S4 Wednesday** Mr Wilson

## Dance

**Gym Hall** • 1.10pm-1.40pm  
**S1-3 Tuesday** Mrs Beesley

## Netball

**Games Hall** • 3.15pm-4.15pm  
**S1-3 Monday** Young Ambassadors

No sign-up required - registers will be taken at the clubs.



## Table Tennis

**Games Hall** • 1.10pm-1.40pm  
**S1-3 Friday** Sports Leaders

[www.activeschoolsfffe.org.uk/](http://www.activeschoolsfffe.org.uk/) @FifeActiveSch @FifeActiveSchools Fife Active Schools Fife Active Schools

# Extra Curricular Activities 2022-23



## Chess Club

**B2.03** • 1pm Onwards  
**S1-6 Wednesday**

## Music Club

**A2.01** • 1.10pm Onwards  
**S1 Monday**

## Class Band

**A2.01** • 1.10pm Onwards  
**S2-3 Tuesday**

## Music Technology Club

**A2.05** • 1.10pm Onwards  
**S2-6 Monday**

## Coding Club

**A2.05** • 1pm Onwards  
**S1-6 Tuesday**

## Production Team Club

**Drama Studio** • 1pm Onwards  
**S1-6 Wednesday**

## Eco Club

**B1.02** • 1pm Onwards  
**S1-6 Friday**

## Puzzle Club

**B2.04** • 1pm Onwards  
**S1-6 Thursday**

## Film Club

**S1.10** • 1.05pm Onwards  
**S1-6 Wednesday**

## School Show Rehearsals

**Assembly Hall** • 3.20pm-4.30pm  
**S1-6 Tuesday**  
**Drama Studio** • 1pm Onwards  
**S1-6 Thursday**


## Languages Club

**S1.05** • 1pm Onwards  
**S1-6 Thursday**

# Extra Curricular Activities


## 2022-23



**Sewing & Textiles Club** 

S2.09 • 1.10pm Onwards

S1-6 **Friday**

**Viewforth Choir** 


A2.01 • 1.10pm Onwards

S1-6 **Wednesday**

**Stage and Screen Club** 

S1.08 • 1pm Onwards

S1-6 **Thursday**

**Wind Band** 

A2.01 • 1.10pm Onwards

S1-6 **Friday**

**String Group** 

A2.01 • 1.10pm Onwards

S1-6 **Thursday**

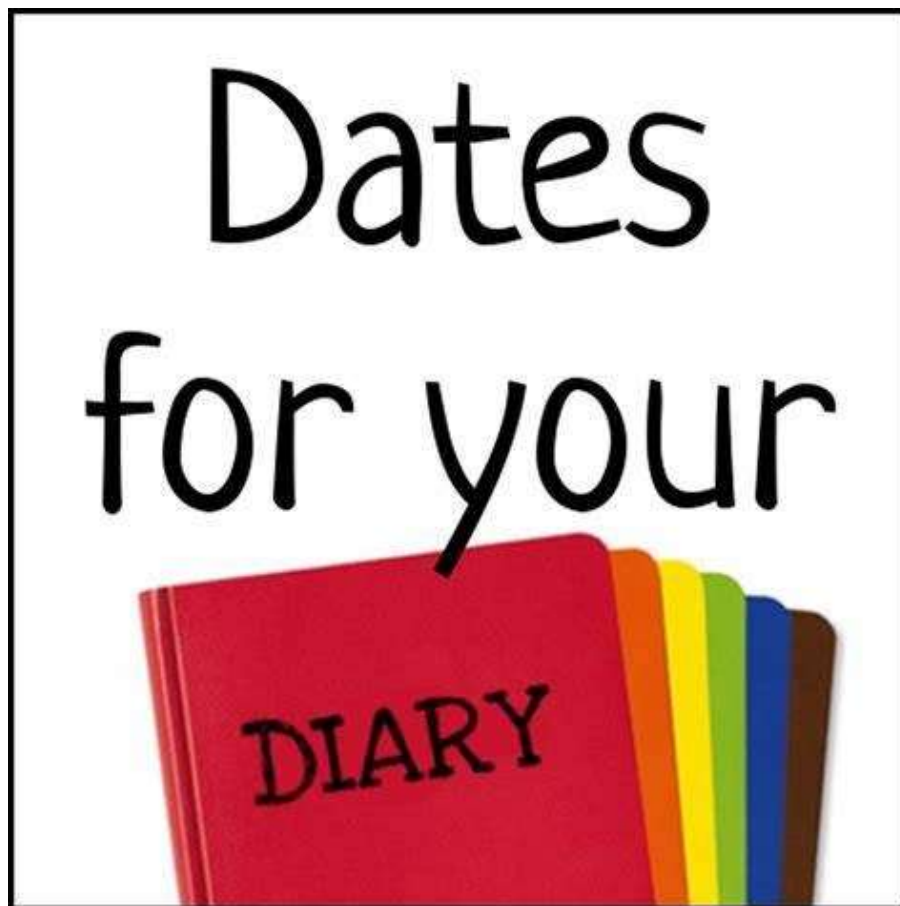


## School Library - Equality and Diversity



We have a range of texts in our school library, both fiction and non-fiction, covering themes including LGBTQ+, race and equality and health and wellbeing. Pupils are welcome to visit the library to borrow books and our librarian Mrs Barker is on hand to make suggestions based on their interests or to help them find what they are looking for. I would like to thank Fife Cultural Trust for supporting us to expand the range of books on offer to our school community.

## Dates for your diary...



- Parent Council Meeting Monday 23rd January
- S2 Parents' Evening Wednesday 25th January\*
- S3 Parents' Evening Tuesday 31st January\*
- In-service day (4) Wednesday 15th February
- Senior Phase Parents' Evening Thursday 23rd February\*
- Parent Council Meeting Monday 13th March
- Parent Council Meeting Monday 8th May
- In-service day (5) Tuesday 6th June
- Parent Council Meeting Monday 19th June

\*Please note that this session we are returning to face-to-face parents' evenings in the school building. These will run between 4.30pm and 7pm and further information will be shared in advance of each evening.

**Care - Ambition - Respect - Equity**