

Viewforth High School

Windmill Community Campus, Windmill Road, Kirkcaldy, KY1 3AL

Head Teacher: Lisa Moore

Depute Head Teachers: June Greig, Alistair Stewart, Jack Wilson



Dear parents and carers.

14 January 2022

Covid-19

We have received several calls from parents /carers this week with questions about the guidance around the requirements for self-isolation. Following the change to guidance from the 6th of January, I have detailed below the key points of note. Hopefully, these will help to answer any questions you may have but please don't hesitate to contact the school office and we will be happy to help you.

Positive cases are advised to self-isolate for 10 days. However, if the individual returns two consecutive negative LFD tests taken at least 24 hours apart with the first test no earlier than day 6 they may end isolation before the end of the 10 day period if they have no fever.

Close contacts who are fully vaccinated, having received 3 doses of the vaccination (plus 14 days) or are aged under 18 years and 4 months, can take daily LFD tests for 7 days instead of isolation - provided the tests are negative and they remain without symptoms. If someone has not received 3 doses of the vaccination, they will need to book a PCR test and even if this is a negative result, they will need to isolate for 10 days.

Advice on confirmatory PCR tests where people test positive on a lateral flow device (LFD) test they are now not advised to get a PCR test to confirm infection but to follow isolation advice as it applies to them as a positive case – there is an exception for people who may be eligible for the Self-Isolation Support Grant who are advised to take a PCR test to ensure they can confirm their infection to be potentially eligible for financial support.

If your child develops symptoms of Covid-19 (high temperature, new continuous cough or a loss or change to sense of smell or taste) they must self-isolate immediately in line with NHS Guidance and book a PCR test. Please do not send them to school.

The Lateral Flow Testing programme is an effective way to prevent the spread of the virus and pupils and staff are encouraged to participate in this programme by taking tests twice per week. Test kits can be collected from the school office free of charge.

Senior Phase Prelims

Our prelim exams for pupils sitting National Qualifications in S4 – S6 have been taking place since Friday of last week. I've been very impressed by the manner in which the pupils have conducted themselves and I wish them well for the remainder of the prelim diet. The marking of the exam papers is well underway and teachers will then complete reports for parents / carers which will be issued by the middle of February. Pupils are encouraged to attend study support classes and the timetable for these classes can be found on the school website.

Parents of pupils in S4-6 will receive a separate letter from school today detailing information from the SQA.

Dates for your diary

Please note all Parents' Evenings will take place virtually this year and more information will be shared with you in advance of these meetings. If you would like to join us at a Parent Council meeting, please email the Chair Alex Tomlinson at viewforthparentcouncil@gmail.com who will send you an invitation to join the online meeting.

Monday 24 th January	Parent Council Meeting 6.30pm
Wednesday 26 th January	S2 Parents' Evening 4.30pm – 7pm
Tuesday 1 st February	S3 Parents' Evening 4.30pm – 7pm
Thursday 24 th February	Senior Phase Follow Up Parents' Evening (S4-S6)
Monday 7 th March	Parent Council Meeting 6.30pm
Monday 25 th April	Parent Council Meeting 6.30pm
Monday 13 th June	Parent Council Meeting 6.30pm

Please continue to look after yourselves and stay safe.

Yours faithfully

A handwritten signature in black ink, appearing to read 'lmoore'.

Mrs Lisa Moore
Head Teacher