




Name Class

Guidance Teacher Name


Column A	Level	Column B	Level	Column C	Level	Column D	Level	Column E	Level	Col KLM	
Mathematics	H N5	English	H N5	Admin & IT	H N5 N4	Art and Design	H N5	Business	H N5 N4	PE (Core)	
Applications of Maths	N5	Business	H	Art and Design	H N5 N4	Biology	H N5 N4	Chemistry	N5 N4	RE (Core)	
Admin & IT	H	NPA Bakery	L4	Computing	H	Chemistry	H	Graphic Communication	H N5 N4	SHE (Core)	
Biology	H	Travel and Tourism	H N5 N4	Design and Manufacture	H N5 N4	Computing	N5 N4	Modern Studies	H N5 N4		
NPA Photography	L4			Drama	H N5 N4	Geography	H N5 N4	Music	H N5		
Sports Leaders	H			French	H N5 N4	Health and Food Technology	H N5 N4	NPA Bakery	L4		
Practical Woodwork	N5 N4			History	H N5 N4	Music Technology	H N5	NPA Painting	L5		
				Hospitality	N5 N4	NPA Drawing	L5	Photography	H		
				RMPS	H N5	Physics	N5 N4	Physical Education	H N5 N4		
				Spanish	H N5 N4	Politics	H	Physics	H		
				FA Foundation Apprenticeship	L6	Practical Woodwork	N5 N4				
				College	L5 L4						
Please insert College Course											
										1 st Choice	
										2nd Choice	

S4 subjects: enter 4 or 5 to show the level of National Qualification eg English N5

English	N	Maths/Apps for Maths	N		N
	N		N		N



Instructions for completion

1. First read through all of the sheet.
2. Make sure your name, class and guidance teacher's name is entered at the top of the sheet.
3. Write down the qualifications that you studied in S4 (section headed S4 subjects:)
4. Discuss the options with your parents.
5. Choose a subject and a level that you would hope to sit in each column. 
6. You must make a first and second choice in every column.
7. If you wish to sit an Advanced Higher in a subject, please select the subject and change H to AH.
8. Write down what job you would see yourself doing as a career when you leave school.
9. Please let us know if you intend following a university or college pathway when you leave school.
10. Make sure you have completed both front and back of the option choice sheet.

Explanation of levels:

- N4 – National 4 course with individual SQA unit assessments and an end of unit AVU (might be a test/project)
- N5 – National 5 course – content delivered and monitored by teachers with exam set by SQA in April/May 2022
- L4 – National Progression Award (NPA), equivalent to National 4, delivered both by college and school – continuous internal assessment – no end exam
- L5 – National Progression Award (NPA), equivalent to National 5, delivered both by college and school – continuous internal assessment – no end exam
- L6 – National Progression Award (NPA), equivalent to Higher, delivered both by college and school – continuous internal assessment – no end exam
- H – Higher course - content delivered and monitored by teachers with exam set by SQA in April/May 2022

Career Intention:

University/College Aspiration:

Intended Leaving Date: Signature of Parent

Signature of Guidance Teacher: Date:

Official Use only:			
PTG Approval		DHT Review	
Parental Approval		Entered into SEEMiS	